

50,000
Happy
Birthdays



KNIT A HAT FOR A HAPPY NEWBORN in Ethiopia, Malawi, Rwanda, Tanzania and Zambia

50,000 Happy Birthdays is a program led by the International Confederation of Midwives to contribute to quality maternal and newborn care, by strengthening midwives' competencies in saving lives at birth in Ethiopia, Malawi, Rwanda, Tanzania and Zambia.

Through this knitting campaign, we want to support the efforts of the midwives, and celebrate the babies that they save. Every hat you knit and donate will keep newborns in low resource settings warm, helping them stay healthy.

Send your finished hats by post to

Laerdal Global Health
(Happy Newborn Hats)
Tanke Svilandsgate 30
4002 Stavanger, Norway

Visit our website for alternative addresses in the US and Europe
<http://laerdalglobalhealth.com/Resources/news/happy-newborn-hats/>

We will make sure the donated hats get to happy newborns and their families, through the midwives associations in the participating countries

To learn more about the program and other ways to contribute, visit [facebook.com/50000HappyBirthdays](https://www.facebook.com/50000HappyBirthdays)

50,000
Happy
Birthdays



HAPPY NEWBORN HAT

Yarn

Sisu from Sandnes Garn, color green 8514. Alternatively, washable wool yarn that gives you the right gauge, apple-green if possible.
One 50g skein makes three caps.

Needles

2,5 mm small circular needle (30 cm)
3 mm small circular needle (30 cm)
3mm short double pointed needles

Gauge

27 st in 10 cm in stockinette on 3 mm needles

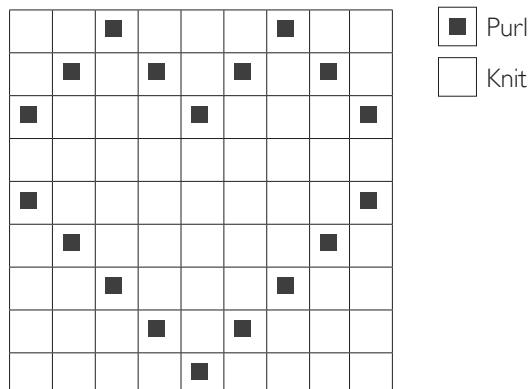
Size

Newborn, about 16 cm wide when flat

Cast on 92 stitches on 2,5 mm round needles. Place a marker at the start. Knit 2 purl 2 for 8 rounds.

Change to 3 mm needles. At the same time reduce 2 stitches (now 90 st). Knit 3 rounds.

On round 4, knit 40 stitches and then start the heart pattern:



↑ Start here

Continue until the pattern is complete, then knit 10 rounds.

Now the top of the cap will be formed. Switch to the double pointed needles or use the "magic loop" method.

Round 1: *Knit 7 stitches, knit 2 together*, repeat *to*.

R2: Knit the whole round.

R3: *Knit 6 stitches, knit 2 together*, repeat *to*.

R4: Knit the whole round.

R5: *Knit 5 stitches, knit 2 together*, repeat *to* .

R6: Knit the whole round.

R7: *Knit 4 stitches, knit 2 together*, repeat *to*

R8: Knit the whole round.

R9: *Knit 3 stitches, knit 2 together*, repeat *to*.

R10: Knit the whole round.

R 11: *Knit 2 stitches, knit 2 together*, repeat *to*.

R12: Knit the whole round.

R13: *Knit 1 stitch, knit 2 together*, repeat *to*.

R14: Knit the whole round.

From round 15 knit all stitches 2 together until there are only 5 stitches left.

To create a tip on the hat, knit back and forth in stockinett stitch on the 5 stitches for 10 rows. Cast off the stitches. With the thread, sew down through the top and fasten under the cap. (Alternative: knit 10 rows in i-cord).